



# Strengthening Families Toward Academic Success



**Downey Unified & Grupo CRECER**

**Invite You to an 8 Week Series of Family Strengthening Classes**

Evening Classes!  
Pace Training Center  
**TUESDAYS** Mar. 12 – May 7  
6:00-8:00 PM  
Childcare Provided

## WORKSHOP TOPICS

1. Communication Within the Family
2. Creating Dialogue
3. Communication & Motivation Towards Learning
4. Communication for Building Self Esteem
5. Values & Communication
6. Emotions & Communication
7. Communication & the Prevention of Family Crisis
8. Using Healthy Communication to Resolve Conflicts

**If you are interested in attending all 8 Sessions, please attend the first class and you will be enrolled.**

*Classes will be delivered in Spanish but English translation will be available.*

**If you have any questions, please call Veronica Lizardi at (562) 469-6568.**

Location: Pace Training Center  
9625 Van Ruiten Street  
Bellflower, CA

Day: Every **TUESDAY**  
(Begins Mar. 12- Ends May 7)  
*No Class April 23*

Time: 6:00-8:00 PM  
\*Childcare provided

**Grupo CRECER**  
Family Education Health